

MENU ITEM	CELERY	GLUTEN	CRUSTACEAN	EGG	FISH	LUPINS	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITE
STARTERS & SMALL PLATES														
Chicken Liver Parfait		Wheat		✓			✓		✓				✓	✓
Warm Almond Tart		Wheat		✓			✓			Almond			✓	✓
Cottage Pie Arancini		Wheat		✓					✓					✓
Jersey Oysters								✓						✓
Three Oaks Courgette Fritti				✓					✓					✓
Mully Sausage Roll		Wheat		✓			✓		✓					✓
Scotch Egg		Wheat		✓					✓	Walnut				✓
Three Oaks Padron Peppers														
Wild Farmed Sourdough		Wheat Rye/Barley		✓			✓					MC		
Aspen Chips				✓			✓						✓	✓
Jersey Hand Cut Chips													✓	✓
Mozzarella & Three Oaks Tomato Salad							✓							✓
House Scampi Bites		Wheat	✓	✓			✓		✓				✓	✓
Beef Cheek Yorkie'S		Wheat		✓			✓							✓
HOUSE PLATTERS														
Normandy Baked Camembert		Wheat Rye/Barley					✓		✓				✓	✓
La Maison		Wheat Rye/Barley					✓						✓	✓
La Mancha Shellfish Platter		Wheat Rye/Barley	✓	✓			✓	✓	✓				✓	✓
CLASSICS														
Mulcaster Pub Salad		Wheat		✓			✓		✓			✓	✓	✓
Dry Age Jersey Burger		Wheat Rye/Barley		✓			✓		✓			MC	MC	✓
Battered Fish & Chips		Wheat		✓	✓		✓		✓				✓	✓
Butternut Squash Pasta Pillows		Wheat		✓									✓	✓
Jersey Leg & Tail Pie		Wheat		✓			✓		✓				✓	✓
The Mully Steak Frit							✓		✓	Walnut			✓	✓

MENU ITEM	CELERY	GLUTEN	CRUSTACEA N	EGG	FISH	LUPINS	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITE
Market Fish Pie		Wheat Rye/Barley	✓	✓	✓		✓		✓				✓	✓
House Beef Rueben		Wheat Rye/Barley		✓			✓		✓				✓	✓
Linguini Puntanesca		Wheat							MC				MC	
SAUCES & CONDIMENTS														
Malt Vinegar		Barley												✓
Mustard - Eng / French		Wheat							✓					✓
Mustard - Grain		Wheat					✓		✓				✓	✓
Mustard - Dijon									✓					✓
Mayonnaise			✓				✓		✓				✓	✓
Horseradish			✓				✓		✓					✓
Mint Sauce														✓
Ketchup	✓													✓
Brown Sauce		Rye/Barley				✓								✓
Apple Sauce														✓
Balsamic Vinegar														✓
Peppercorn Sauce							✓							✓
Garlic Butter							✓						✓	✓
Bone Marrow Jus							✓							✓
Bearnaise				✓			✓							✓
Blue Cheese Cream							✓							✓
DESSERTS														
Rhubarb Compote							✓						✓	✓
Choux Lucien		Wheat		✓			✓			MC			MC	✓
Cheeses		Wheat Oats					✓							✓
Passion Fruit Jersey Fudge							✓						✓	✓